HEAD OF DEPARTMENT: Mr Paul Craven

Subject Outline:
Recreation provides an alternative area of study to Authority Physical Education. It has been designed for those students who are still interested in a range of physical activities but without the rigorous theoretical component of PE. However students will still complete a theory component that will relate to recreation, the role of physical activity, safety and interpersonal and group dynamics.

Contributes to OP: No

Assessment Outline:
Students will be assessed by criteria-based assessment. Both practical components and theory components will be assessed. The assessment may come in the form of written assignments; skill and game play situations, peer coaching, organising competitions etc. Well spent leisure time involved in sports and other active recreational activities on an essential part of maintaining a healthy body and mind and maintaining good relationships. This is an often overlooked benefit of Recreation.

Potential Activities:
Students will study general elements that are integrated throughout the physical activities. Physical Recreation will be a mixture of practical and theoretical based work.

Costs: $20 per year

Student Requirements:
Students will participate in a range of sports and recreations in school time and must participate in all chosen sports. Students who do not intend to swim should reconsider selecting Recreation. A firm commitment to practising skills in these activities and the learning of theory work outside school time is required. Students who do not fulfil these expectations may have their enrolment in the subject discontinued. Students are also expected to conduct sporting competitions within the school, and conduct coaching sessions with primary school students from our feeder schools.

Vocational Relevance:
The practical components of Recreation have been devised to allow students to continue to use their acquired practical expertise as active members of clubs or groups that make use of the available local sporting facilities.